

# Catering Menu Cont'd

The following menus are sourced from our most popular requests. Please enquire about any dietary or special needs. Prices include paper plates and napkins. 24 hour notice is appreciated.

## Sandwiches

**Regular Sliced Bread** Buttered  
Assorted sliced meats or salad fillings.  
(egg/salmon/tuna/chicken)

1 Sandwich 6.50

1 1/2 Sandwich 8.00

\* For specific fillings, please refer to the lunch menu

**Budget Sandwiches** For a lighter lunch.  
(egg, ham, salami, lettuce)

Per person 5.95

\* No substitutes

**Sub Platter** Not buttered  
Assortment of delicious subs tastefully  
prepared for you.

1/2 Sub (per person) 8.50

3/4 Sub (per person) 10.35

Whole Sub (per person) 12.50

*Salad sold per person. Assorted variety*

**Hearty Sandwiches** Buttered  
Hand sliced Vienna, Russian Rye, French stick  
with assorted sliced meats and/or  
Salad fillings. (egg/salmon/tuna/chicken)

1 Sandwich 7.25

1 1/2 Sandwich 9.50

**Kaiser Bun** Buttered  
Assorted sliced meats and/or salad fillings.  
(egg/salmon/tuna/chicken)

1 Bun 7.75

1 1/2 Buns 10.00

**Wraps**  
All kinds - Low carb available.

Per person 7.70

**Tea or Rolled Sandwiches**  
Per person 7.25

## Trays

**Fresh Vegetable Tray** Min. 6 people.  
With homemade dips.  
(herbed onion, creamy garlic)

Per person 4.25

**Fresh Fruit or Fruit Kabob  
or Yogurt Parfait**

Assortment of fresh sliced melon, grapes and seasonal fruit.

Per person. Min. 6 people. 5.00

**Combination Fruit or Cheese  
and Pickles or Cheese & Crackers**  
Per person

5.25

**Sliced Cheese Trays** Min. 6 people.  
Sliced, wedges, cubed, hard and soft cheese  
with crackers.

1 oz. per person 3.00

2 oz. per person 5.00

Pickles per person Add 1.15

**Sliced Meat Trays** With condiments  
(ham, roast beef, turkey, pastrami, salami)

3 oz. with rolls (per person) 6.85

3 oz. no rolls (per person) 6.50

**Combo**  
Meat, Roll, Salad  
(per person)

9.35

**Breakfast Bundle**  
Per person

4.00

**Breakfast Bundle Wrap**  
Per person

6.00

**Breakfast Tray**  
Assorted muffins, danishes, croissants, bagels  
donuts, jams & condiments.  
Per person

5.00

**Bagel & Cream Cheese**  
Per person

4.25

**Mini Bagels**  
Per person

5.00



Owner  
Jay Leroux

## In-Store Menu and Catering Menu

**Hours:** Mon. - Fri. open at 8am  
Saturday - Open at 9am  
Sundays - Closed

Truck charge for deliveries  
may apply

**613-865-8800**

**31 KING ST. W.  
BROCKVILLE, ON**

**[www.taitsfreshstart.net](http://www.taitsfreshstart.net)  
[taitsfreshstart@cogeco.net](mailto:taitsfreshstart@cogeco.net)**



# Lunch Menu

## *Sandwiches (or make it a wrap .25c)*

Egg	6.00	Club	8.50
Ham	5.75	Turkey	8.00
Salami	6.25	Chicken Salad	7.50
Cheese	7.25	Veggie Delight	7.25
Pepperoni	6.25	Montreal Smoked Meat	8.25
Roast Beef	7.75	Reuben	8.25
Red Salmon	8.00	Chicken Pies 4"	4.25
Tuna	8.00	Tourtieres (Beef & Pork) 4"	4.25

**Tait's Daily Deal:** 1/2 sandwich, soup & dessert 6.75

## *Soups*

	<i>Sm</i>	<i>Lg</i>
Soups of the Day	4.00	4.50
Chili	5.40	6.90
Bacon Mac & Cheese Tuesdays	5.40	6.90
Individual Tortierre (Chicken Pot Pie)	4.25	

## *Salads Bulk, per person*

Caesar	6.15
Greek	6.15
Tossed	5.75
Potato, Macaroni,	
Coleslaw	4.15

*Want something different? Just Ask! We'll Do Our Best!*

## *Submarines*

(White, Whole Wheat, Cheese, Parmesan)

	<i>Kaiser</i>	<i>Half</i>	<i>Whole</i>
Tait's Special (Roast Beef, Turkey, Smoked Meat, Ham, Salami)	7.00	8.25	11.50
Cajun Chicken	7.00	8.25	11.50
Pizza (Mozzarella, Pepperoni, Onion Mushrooms, Pizza Sauce)	7.00	8.25	11.50
Assorted (Smoked Meat, Ham, Salami)	7.00	8.25	11.50
Deluxe (Roast Beef, Turkey, Ham)	7.00	8.25	11.50
Bacon (Mozzarella, Bacon)	7.00	8.25	11.50
Club Sub (Bacon, Turkey, Ham, Cheddar)	7.00	8.25	11.50
Salami	5.50	7.50	10.45
Ham	5.50	7.50	10.45
Cheese	6.75	8.25	11.50
Turkey	7.50	8.25	11.50
Roast Beef	7.50	8.25	11.50

# Catering Menu

## *Soups Per Person*

Hot Homemade Soup	4.50
Homemade Chili Sm	5.40
Lg	6.90

## *Dips*

(Minimum 8 person order)

Per Person

Mexican Layered Dip	4.25
Cream cheese, salsa, shredded cheese. (Nacho chips included)	
Russian Rye & Spinach Dip	4.25

## *Desserts Per Person*

Assorted	From 2.05 - 2.70
----------	------------------

## *Hot Entrees Per Person 13.50*

*A selection of comfort foods to warm your soul on a cold winter day! Courtesy of Chef Robin*

Homemade Chili • Hot Mac & Cheese  
Lasagna & Garlic Bread • Tortierre  
Sheperd's Pie • Chicken Penne Pasta  
Beef Stew & Cheddar Biscuits  
Chicken Pot Pie • Chicken a la King  
Hot Philly Cheese Steak Wraps  
Hot Cajun Chicken Wraps

*More options available on request. Open to suggestions, with ample notice. Min. 2-3 days*

## *Beverages Per Person*

Coffee, Tea	
Cream & sugar included	
Cold Drinks, Fruit Juices	2.00
White or Chocolate Milk	2.00