



Swap your chicken for salmon instead. Add 4.00 (Add 190 Cals)

CHICKEN CAESAR SALAD 15.49 (710 Cals)

A freshly grilled chicken breast served on chopped romaine lettuce tossed in creamy Caesar dressing and topped with double-smoked bacon, croutons and Parmesan cheese.

SONOMA CHICKEN SALAD 15.99 (760 Cals)

California greens topped with red peppers, fresh tomatoes, crumbled feta cheese, raisins, croutons, mixed seeds and nuts and finished with our spicy honey citrus dressing. Topped with a freshly grilled chicken breast.

ASIAN SESAME CHICKEN SALAD 15.49 (470 Cals)

Mixed greens, shredded cabbage, sun dried cranberries and wasabi almond slivers in a sesame vinaigrette. Topped with an Asian sesame glazed freshly grilled chicken breast and green onions.

CHICKEN, BEET & GOAT CHEESE SALAD 15.99 (340 Cals)

Balsamic marinated beets, creamy goat cheese, California greens and red onions tossed in a sweet onion vinaigrette. Topped with a balsamic drizzle and a freshly grilled chicken breast.

Food Allergy Caution - the safety and satisfaction of our Guests is our highest priority. Although precaution is taken to manage the risk of allergen cross contamination in our kitchen, please be advised that there is a possibility of cross contamination during preparation. Therefore, we cannot guarantee that a menu item is free of peanuts, tree nuts and/or other allergens. Applicable taxes extra. DORITOS and COOL RANCH are trademarks of Frito-Lay North America, Inc. Used under license. Gluten Friendly items are made with gluten free ingredients, however, please be advised that cross contamination with gluten containing products may occur in our kitchen during preparation. Please ask your server for details.

Adults and youth (ages 13 and older) need an average of 2000 calories a day, and children (ages 4 to 12) need an average of 1500 calories a day. However individual needs vary.



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I STARTED listening at "FOOD"

KELSEYS®
original
ROADHOUSE



FOUR CHEESE SPINACH DIP 12.99 (450 - 620 Cals/serving; serves 2)

The original, made in-house creamy blend of four cheeses, spinach, red pepper and onion. Served warm with your choice of baked pita chips (270 Cals/serving; serves 2) or fried pita chips (440 Cals/serving; serves 2)

FLAT PAN NACHOS

A GIGANTIC platter of tortilla chips covered with three cheeses, fresh Roma tomatoes, onions, jalapeños, salsa and sour cream. 16.99 (430 Cals/serving; serves 6)

Add guacamole 2.49 (Add 15 Cals/serving; serves 6)

Add half a pound of Beef Chili 3.99 (Add 60 Cals/serving; serves 6)

Add half a pound of Pulled Pork 3.99 (Add 90 Cals/serving; serves 6)

INTIMIDATED? GET A 1/2 SIZED NACHO FOR 9.99 (430 Cals/serving; serves 3)

FETA BRUSCHETTA FLATBREAD 13.99 (510 Cals/serving; serves 2)

Fresh marinated Roma tomatoes and basil pesto, topped with fresh basil, feta cheese and balsamic glaze.

QUESADILLA

Our three cheese blend, tomatoes, onions and jalapeños.

Served with salsa and sour cream. 10.99 (440 Cals/serving; serves 2)

Add chicken 4.00 (Add 70 Cals/serving; serves 2)

Add guacamole 2.49 (Add 50 Cals/serving; serves 6)

BUFF'D UP CHICKEN POTATO SKINS 12.49 (540 Cals/serving; serves 2)

Potato wedges topped with grilled and sliced chicken breast tossed in our Buffalo wing sauce, cheddar and cream cheeses. Finished with a drizzle of peppercorn ranch sauce and green onion slivers.
Plain ol' cheese and bacon 11.49 (480 Cals/serving; serves 2)

CLASSIC CALAMARI 13.99 (260 Cals/serving; serves 3)

Crispy calamari, red onions, red peppers and and jalapeños marinated in buttermilk and served with made in-house sundried tomato aioli.

POPCORN SHRIMP 12.99 (360 Cals/serving; serves 2)

Shrimp lightly coated with mild jalapeño seasoning. Served with a sweet and spicy Thai chili sauce.

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ROADIE'S FAVE FRIED PICKLES 7.99 (170 Cals/serving; serves 2)
House-battered dill pickle coins tossed in Panko breadcrumbs and served with Smokin' Cajun dip.

SAY CHEESE GARLIC TWISTS 7.99 (500 Cals/serving; serves 2)
Our freshly-baked cheesy garlic twists served with marinara sauce for dipping.

ROCKIN' BROCC CHEDDAR SOUP 6.49 (380 Cals)
Topped with a three cheese blend and served with a garlic twist.

ROASTED RED PEPPER & TOMATO SOUP 6.99 (650 Cals)
Made fresh in-house. This creamy blend of roasted red peppers and tomatoes is guaranteed to please! Topped with mini grilled cheese croutons.

TASTY TACOS (2)

Served in soft flour tortillas with lime crema. Choose between:

PULLED PORK 9.99 (320 - 330 Cals/serving; serves 2)

Shredded lettuce, tomatoes, red and white onions, jalapeños. Tossed in your choice of Buffalo wing sauce.

Get 6 pulled pork tacos for 18.99 (650 - 660 Cals/serving; serves 3)

CHICKEN 11.99 (230 Cals/serving; serves 2) Shredded lettuce, cucumbers, peppers, green onions, mango salsa.

FISH 11.99 (320 Cals/serving; serves 2)

Wild cod coated in a salt and vinegar chip crust, shredded lettuce, cucumbers, peppers, green onions, mango salsa.

KELSEYS ORIGINAL *wings*

Unforgettable since 1978, our premium chicken wings are amazing!
Original Roadhouse Wings (dusted)

Snack (5) 9.99	Regular (10) 15.99	Large (15) 21.99
(570 - 670 Cals)	(900 - 1020 Cals)	(1200 - 1330 Cals)

Choose your flavour:

Mild (90-170 Cals)	Sea Salt & Black Pepper (90-170 Cals)
Medium (90-170 Cals)	Sweet & Spicy Thai Chili (110-210 Cals)
Hot (70-140 Cals)	Classic Barbecue (100-200 Cals)
Honey Garlic (110-210 Cals)	Apple Butter BBQ (100-200 Cals)

New York-style wings (non-dusted) also available (490-1080 Cals)

Add your favourite side to any Off the Road Appies and chicken wings starting at 3.49 (130 - 780 Cals)

*Valid on first time orders. Valid only once per Kelseys ordering account. Receive \$5 off your first order (excluding taxes and gratuities). Participating locations only. Enter the coupon code in the Add Coupon section of the application. Not valid in combination with any other offer. iPhone is a trademark of Apple Inc., registered in the U.S. and other countries. AppStore is a service mark of Apple Inc. Google Play and Google Play logo are trademarks of Google Inc.



All burger patties are 100% fresh Canadian ground chuck. Served with fresh fries (560 Cals). Choose between an ACE Bakery™ (220 Cals) or gluten-friendly bun (250 Cals).

- ☛ Make any burger a veggie burger! (310 Cals)
- *Veggie burgers are 5.5 oz. single patties.

Classics

ULTIMATE BACON & CHEESE 15.99 (1380 - 1410 Cals)
Double-stacked patties, double-smoked bacon, peameal bacon, cheddar cheese, tomato, shredded lettuce, red onions and mayo.

PARK YOUR PEPPERCORN 15.99 (1500 - 1530 Cals)
Double-stacked patties lightly-coated with cracked black peppercorns, two onion rings, pesto mayo, Swiss cheese, tomato and shredded lettuce.

BURGER 101 10.99 (1110 - 1140 Cals)
A fresh chuck burger patty, tomato, shredded lettuce, red onions and mayo. *Make it two patties for 13.99 (1240 - 1270 Cals)*

Roadhouse Burger Picks

THE ALL-DAY BREAKFAST 15.99 (1440 - 1470 Cals)
Double-smoked bacon, cheddar cheese, shredded lettuce, tomato, potato hashbrown and a sunny side up egg, on a fresh chuck burger patty.

PULLED PORK 15.99 (1470 - 1500 Cals)
BBQ pulled pork, cheese, coleslaw and tomato on a fresh chuck burger patty.

THE ANGRY WESTERN FARMER 16.99 (1400 - 1430 Cals)
Double-stacked patties, two types of bacon, mozzarella and Swiss cheese, tomato, shredded lettuce, jalapeños, pickles, BBQ sauce and hot sauce.

BUILD YOUR OWN BURGER 15.99

- Step 1: Choose your bun**
ACE Bakery™ bun (220 Cals)
☛ Gluten-friendly bun (250 Cals)
- Step 2: Choose your patty**
☛ 100% ground chuck burger patties (2) (260 Cals)
☛ Freshly grilled chicken breast (1) (110 Cals)
☛ Veggie patty (1) (310 Cals)

Step 3: Choose one topping. Extras 0.99
Double-smoked bacon (90 Cals)
Peameal bacon (50 Cals)
Cheddar cheese (60-120 Cals)
Swiss cheese (60-120 Cals)
Goat cheese (100 Cals)
Onion rings (130 Cals)
Potato hashbrown (210 Cals)
Sunny side up egg (60 Cals)
Caramelized onions (50 Cals)
Guacamole (50 Cals)

Step 4: Choose your toppings (Unlimited)
Tomato (5 Cals)
Onion (25 Cals)
Pickle (40 Cals)
Mayo (80 Cals)
Shredded lettuce (5 Cals)
Pesto mayo (170 Cals)
Kelseys BBQ sauce (70 Cals)



Get your napkin ready with a trunkload of tasty, fall-out-of-the-bun sandwich options. You'll need to keep two hands on the wheel for these babies! If that isn't enough for your tummy, all sammies are served with your choice of side (130 - 780 Cals).

MESSY FISH 14.99 (930 - 1580 Cals)
Surf's up dude! Wild cod coated in a salt and vinegar chip crust and fried to perfection. Topped with coleslaw, fresh tomato, shredded lettuce and tartar sauce on an ACE Bakery™ bun.

BBQ CHICKEN CLUB 14.99 (910 - 1560 Cals)
Freshly grilled chicken breast, apple butter BBQ sauce, cheddar cheese, double-smoked bacon, lettuce, tomato and crispy onion strings on an ACE Bakery™ bun.

GIMME GRILLED CHEESE AND BACON 15.99 (1110 - 1760 Cals)
A blend of gouda, provolone, mozzarella and parmesan cheeses, caramelized onions, double-smoked bacon, and roasted mushrooms stuffed in ACE Bakery™ French loaf.

BUFF'D UP CHICKEN CAESAR WRAP 14.99 (1030 - 1680 Cals)
Our freshly made chicken fingers tossed in wing sauce and wrapped in a flour tortilla with creamy Caesar dressing, romaine lettuce and Parmesan cheese.

BRING IT ON BUFFALO CHICKEN 14.99 (1010 - 1660 Cals)
Freshly breaded chicken breast tossed in our medium wing sauce and topped with shredded lettuce, tomato and peppercorn ranch sauce on an ACE Bakery™ bun.

BALSAMIC CHICKEN 18.99 (770 - 1420 Cals)
Freshly grilled double chicken breast topped with our made in-house balsamic cream sauce. Served with your choice of side and fresh steamed veggies.

CHICKEN FRIED CHICKEN 17.49 (700 - 1350 Cals)
Thick cut house-breaded chicken breast smothered with our Roadhouse chicken gravy. Served with your choice of side and fresh steamed veggies.

CHICKEN FRIED BUTTER CHICKEN 17.99 (1070 Cals)
Thick cut house-breaded chicken breast smothered in a creamy butter chicken sauce. Served with basmati rice, grilled flatbread and fresh steamed veggies.

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CHICKEN FINGERS

Our chicken fingers are freshly breaded in-house.
Add your favourite side starting at 3.49 (130 - 780 Cals)

BIRTHDAY SUIT CHICKEN 11.99 (550 - 600 Cals)
These bad boys come just as they are...naked. Served with your choice of sauce for dipping.
OR toss them in your choice of sauce (550-600 Cals)

CLUCKY CHICKEN PARM 12.99 (700 Cals)
Topped with tomato sauce, Parmesan and mozzarella cheese.

BUTTER CHICKEN 12.99 (880 Cals)
Tossed in a creamy butter chicken sauce.

DORITOS® COOL RANCH®  12.99 (760 Cals)
Tossed in Buffalo Ranch sauce and crushed DORITOS® COOL RANCH® flavoured tortilla chips.

FORK IN THE ROAD FAJITAS 19.99 (1260 - 1570 Cals)
Your choice of steak (680 Cals), chicken (580 Cals) or roasted mushrooms (370 Cals) served with sautéed peppers and onions, a blend of three cheeses, warm flour tortillas and mucho trimmings.

SALT AND VINNY FISH & CHIPS 12.99 (1150 Cals)
A wild cod fillet coated in a salt and vinegar chip crust and fried to perfection. Paired with fresh fries, coleslaw, malt vinegar and tartar sauce.
Add a second piece of fish for 5.99 (Add 320 Cals)

☛ **LEMON PEPPER SALMON** 20.99 (870 Cals)
Atlantic salmon oven baked with a lemon pepper seasoning and paired with a basil pesto aioli. Served with basmati rice and fresh steamed veggies.

CHICKEN PARM 17.99 (1000 - 1090 Cals)
A freshly breaded chicken breast with Parmesan cheese, topped with tomato sauce and mozzarella cheese. Served over spaghetti with your choice of tomato sauce (70 Cals) or Alfredo sauce (160 Cals).

GOOEY BACON MAC AND CHEESE 15.99 (1270 Cals)
Spiral gemelli pasta tossed with two types of bacon in a creamy gouda cheese sauce.

ROADHOUSE PASTA 16.99 (1110 Cals)
Freshly pulled pork, onions, basil pesto and a four cheese gouda blend tossed in a creamy rosé sauce with spiral gemelli pasta. Topped with Parmesan cheese.

☛ **TOMATO BASIL PENNE** 15.99 (790 Cals)
Gluten-friendly penne, fresh spinach, goat cheese and basil pesto tossed in tomato sauce.
Add a basil pesto grilled chicken breast 4.99 (170 Cals)

ALFREDO CHICKEN PASTA 16.99 (1060 Cals)
Freshly prepared chicken breast, spinach and sun-dried tomatoes tossed in a creamy Alfredo sauce with spiral gemelli pasta and topped with a four cheese gouda blend.

THAI CURRY BOWL 17.99 (890 - 930 Cals)
Your choice of freshly sautéed chicken (140 Cals), or shrimp (170 Cals), red peppers and fresh basil in Thai green curry sauce with Shanghai noodles, steamed broccoli and bok choy. Topped with green onions.

Ribs

Half Rack 19.99 (890 - 1540 Cals)
Full Rack 29.99 (1300 - 1950 Cals)
Slow cooked, fall-off-the-bone pork back ribs seasoned with BBQ spices, brushed with your choice of sauce. Served with your choice of side and coleslaw.

RIB AND WING COMBO 19.99 (1960 - 2610 Cals)
Talk about the best of both worlds! A third of a rack of our slow-cooked, fall-of-the-bone pork back ribs paired with four of our famous chicken wings, with your choice of rib and wing sauces. Served with your choice of side and coleslaw.
Upgrade to a half rack of ribs **Add 4.00 (Add 300 Cals)**

☛ **CLASSIC SIRLOIN** 23.99 (580-1230 Cals)
Fresh AAA 8 oz. sirloin grilled to your liking and basted with garlic butter. Served with your choice of side and fresh steamed veggies.

 **CREEMORE MUSHROOM SIRLOIN** 26.99 (690-1340 Cals)
Fresh AAA 8 oz. sirloin grilled to your liking topped with mushrooms braised in Creemore Springs® Premium Lager. Served with your choice of side and fresh steamed veggies.

BACON AND GOAT CHEESE SIRLOIN 25.99 (750-1400 Cals)
Fresh AAA 8oz sirloin topped with bacon, goat cheese and gravy. Served with your choice of side and fresh steamed veggies.

CHIPOTLE SHRIMP SIRLOIN 27.99 (860-1510 Cals)
Juicy pan-seared shrimp in a rich chipotle white wine cream sauce on our fresh AAA 8oz. sirloin. Served with your choice of side and fresh steamed veggies.

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